

### Principals News

Hello September!

With a few weeks of school in the books, we are already in our established learning routines. Classes are working hard in the areas of reading, writing and math. Teachers are assessing students in order to guide their instruction to ensure academic success. Thanks to all of you who attended the Curriculum/Parent Update meeting. We were happy to give you information regarding classroom routines and general information about Prairie Ridge.

PRIME time (Prairie Ridge In Motion Everyday) is a big hit. Students are moving everyday from 9:15-9:30. Every Friday we have all school movement as a community, so come join the fun in the bus parking lot!

The Jog-a-Thon is around the corner on October 1st (Late Start). PTO will be sending out more information soon. They will be looking for volunteers so check Thursday folders in the coming weeks.

Please remember that my door is always open. Contact me if you have any needs, concerns, or celebrations! A reminder to "LIKE" the Prairie Ridge Elementary Principal Page on FACEBOOK for updates and celebrations. I update the page regularly in order to get information out in a timely manner.

Welcome to all of our new families! Prairie Ridge is the place to be. I am proud to be a part of this wonderful community. Our staff, students and families make Prairie Ridge one of a

kind.

Warmly,

Kirsten McNeill

6632 St. Vrain Ranch Blvd. Firestone, CO 80504 Phone: 720-494-3641 Fax: 720-494-3642

Email: stvrain.k | 2.co.us/pre/

3 LATE Start

Dates

Important

- 9 Soaring Singers 5th grade
- 10 ProKids Assembly morning ProKids Assembly
  - © Legacy at 6:30pm
- 11 Soaring Singers 3rd/4th
- 16 Soaring Singers 5th grade
- 18 Soaring Singers 3rd/4th
- 19 JOG-A-THON Assembly
- 23 Soaring Singers 5th grade
- 25 Soaring Singers 3rd/4th
- 26 Picture Day
- 30 Soaring Singers 5th grade

2000 LATE START

### JOG-A-THONIII

Avid4 Adventure

Art to Remember order forms to home

14-16 Parent/Teacher Conferences

15 Art to Remember

## ORDER FORMS DUE!

Soaring Singers—ButterBraids Sales BĚGIN

- 17 NO SCHOOL
- 20 Vision/Hearing Screens
- 23 PTO Meeting
- 30 MESA to Challenger



**Coming to Prairie Ridge** 

Wednesday, October 1st!

More details coming soon!!!



Superhero Run/Walk & Family Carnival 5K/1K/Free Kid's Fun Run

September 13, 2014
7:15 am - Sign In Opens
8:30 am - 5K starts
Carnival Open 9 - 11 am
St. Michaels Town Square,
Greeley

Special pricing for school team participants \$20 for ages 13+ \$10 for ages 12 and under

#### Awards & Prizes

- Cash Prizes Top 3 Overall 5K (Male & Female)
- Awards for Top Finishers in 5K (Male & Female) in each age division: 14 & under, 15-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70+
- Best Costume for Adults and Children
- ✓ Door Prizes!!!

## Become a Superhero and your school could win \$500!

The largest team of paid participants will win a \$500 donation for their school from PDC Energy!



#### Here's How

- Form a team to run or walk in our Superhero 5K or 1K.

  (Teams can be any credited K-12 school in Weld County or group, club or department from that school including athletic clubs, PTOs, PE department, etc.)
  - First person to register will form the team.
- Encourage students, parents, teachers, friends and family to register under that team name.
- Find a superhero costume (optional but more fun)

#### How to Register

Fill out the attached form (1 per participant) OR Register on-line http://www.active.com/greeley-co/ running/distance-running-races/superhero-run-2014 password = "heroes"









More Information www.akidsplace.org/superhero



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Individual Student Photographs Friday, Sept. 26th

Payment envelopes will be sent home soon!



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KAY JENNIFER@SVVSD.ORG.

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**Please refrain from bringing pets.** *particularly dogs,* onto school property. This includes especially during drop-off/pickup times. Thank you for your cooperation!!!

heat sack lunches.

Your child needs a note for Inta Juice (cost \$1.50) to purchase using their lunch account. One note is good for the whole year.

|<del>|</del>

Mark your calendars for your
respective grade-level programs:
• 5th Grade—Wednesday, Feb. 25th
• 4th Grade Rendezvous—Fri., May 8th
• 3rd Grade—Tuesday, April 21st
• 2nd Grade—Tuesday, March 17th
• 1st Grade—Tuesday, March 17th
(\*Note—1st & 2nd are on the same night!)
Information will be sent home
as each program approaches.
To assist with or volunteer,
please contact Mrs. Keller @
keller\_catherine@svvsd.org

o Remember; What is it?

"We turn students' original artwork from classroom lessons into highquality keepsakes, giving kids a sense of accomplishment while raising money for their school."

When do I receive information? Students are currently creating their masterpieces in Art class. Packets with the student artwork will be sent home Wednesday, October 8th.

When do I return my order & payment? ORDERS CAN BE DONE ONLINE THIS YEAR!!! Orders will be due by Wednesday, October 15th.

# From the Health Office

### **VOLUNTEERS ARE NEEDED!!!**

Our annual hearing and vision screening will be held on October 20th.

This is a state-mandated program,
but cannot be done
without the help of parent volunteers.
If you would like to volunteer,
please call

Lyn Shaklee at 720-494-3641.

# Cafeteria News

• Daily lunch cost: \$2.75.
Please bring in correct amounts as we cannot make change.

Inta Juice begins this week!
 \*\*\*\$1.50 on Thursdays\*\*\*
 Students MUST HAVE a note to purchase using his/her account.

• Adult Lunch (w/o milk): \$3.25 (w/ milk): \$3.50.

◆ Free and reduced lunch forms available online: http://www.stvrain.K12.co.us/policies/E/EFC-E.EN.pdf

◆ Lunch P<mark>ayments availa</mark>ble on <mark>line at:</mark>

myschoolbucks.com

## ProKids Assembly

The Proxids Assembly will be at 9:30am on Wednesday, September 10th for all students.

The FAMILY NIGHT Program will be held

@ Legacy Elementary @ 6:30pm.

You don't want to miss this FREE SHOW (paid for by the PTO)! It's a great character building assembly.

# PTO News

NEW website!

### http://prelpto.weebly.com

Please note: This is still a work in progress. If you have any suggestions we would love to hear them. Please send us a comment (located at the bottom of our home page).

Miner's Day on Sept. 20th!

Qdoba cards will be on sale! Stop by our booth and say hello!

Jog-A-Thon packets will be sent out SOON in Thursday folders!!!

Scaring Singers

Soaring Singers meets each weekIII [See below.]

Tuesdays 8.15-9.00 5th graders only

Thursdays 8:15-9:00 Brd and 4th graders

SEE YOU THENIII

From the Health Clerk

Medications:

It is *mandatory* that permission forms be completed for *ALL* medications and must be delivered to the school in an original pharmacy-labeled container.

\*\*\*This includes "over-the-counter" medicines, such as pain relievers & cough syrup. \*\*\*

Chap stick & cough drops may be used in the Health Office if a parent sends a signed note.

Clothing:

Clothing donations needed!...

• Pants, socks, shoes & undergarments any size.

Please send any items you would like to contribute to the health office today! Ms. Lyn Shaklee at 720-494-3641.

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### **Soaring Eagles**

**Before and After School Child Care** 

We are excited for another great school year caring for your children.

Please contact the Community School office @ 720-494-3645

for more information about our program.

\*\*Try Soaring Eagles for an afternoon to see what we can offer you and your children.

Homework time, outside play, computer lab and a great staff!

More details coming soon!

## PRAIRIE RIDGE COMMUNITY SCHOOL

Before and after school enrichment classes are here!!



**Spacetime Space Explorers** 



**Pottery Perfection** 

Crafts, dodge ball, Lego Club, drawing and more!

Please look for the brightly colored monthly brochures that will be in your child/ren's Thursday folder(s). The September comes home this week!

### **BUS PARKING LOT**

- Please refrain from using the Bus Lot for pick-up/drop-off or parking.
- \* Students & parents walk on sidewalks, to and from school...not through the bus lot.

We want all students & families to remain safe.



## King Soopers Rewards Program

# Prairie Ridge Elementary in partnership

### with Prairie Ridge Community School

would like to offer our families and friends an excellent opportunity to give back to Prairie Ridge with no cost to you.

#### How does it work?

\* Fill out a registration form and submit a check payable to PREL in the amount of \$5.00 or more to activate your card, this amount is the dollar amount that you will start out with on your re-loadable King Soopers card and is then registered to Prairie Ridge Elementary.

### Registration forms available at the front office check the school website.

- \* If you want load your card with more money, simply take it to the customer service desk prior to shopping or purchasing gasoline.
- \* Start shopping or fill up your tank. Prairie Ridge Elementary will receive 5% back once we reach the \$5,000.00. If we don't reach the \$5,000.00 each month, the balance will rollover to the.

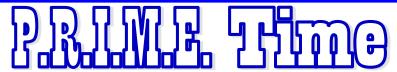
The card will expire if after 90 days no money has been loaded on to the card and a new card will need to be activated.

We will send reminders home to family and friends to make sure they are reloading and using their cards.

If 40 families spend an average of \$300.00 per month, Prairie Ridge will receive \$600.00 directly..... how cool is that? And it's easy!

If you have any questions about the King Soopers Reward program you may contact the Community School office at 720-494-3645.

Thank you for your support.



"Physically active students perform better academically; have better attendance, and better behavior."

-Source: letsmoveschools.org

"Exercise is 'Miracle Grow' for the Brain. To keep our brains at peak performance, our bodies need to work hard."

-Source: John J. Ratey M.D.,

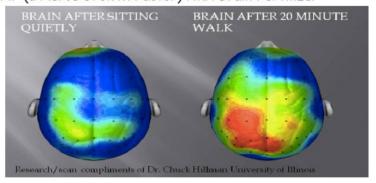
Author of Spark: The Revolutionary new Science of Exercise and the Brain!

Prairie Ridge is starting our learning day with all school movement. Students, teachers and staff are participating in physical activities each and every morning from 9:15-9:30. This part of our day is called PRIME Time, which stands for **P**rairie **R**idge **I**n **M**otion **E**veryday.

Movement has become a part of our daily schedule due to the findings of numerous scientific studies. Research has found that there is a significant relationship between physical activity and student learning/academic success.

Physical Activity:

- Prepares the brain for optimal learning.
- Improves coordination and balance which improves attention and focus
- Increases blood flow to the brain aiding overall cognition
- Develops eye fitness in the form of peripheral vision, helping students track words on a page
- Supplies BDNF (a Nerve Growth Factor) AKA Brain Fertilizer



The goal of PRIME time is to prepare our students for a day of learning by engaging in moderate to vigorous physical activity. Grade level classes are on a 6 day movement rotation for PRIME Time activities. Monday though Thursday activities include; Mighty Milers track travel, Classroom activities (classroom kit activities, classroom fitness circuits, and use of technology resources) Indoor power walk track, Outside activities (tag games, jump ropes and fitness circuits). On Fridays our entire school meets outside in the bus loop for all school movement. Come join the fun!

"In the same way that children don't learn well when they don't have adequate nourishment, they learn better when they're more active and more physically fit. If their ability to learn is optimized, their chances of academic, social and personal success are improved."

-Source: Hamilton Spectator - August 14, 2014

Howard Elliott